



Community Mentoring

Supporting communities to raise educational aspirations
and empowering underrepresented students
through mentoring

Community Mentors

- Deliver 3 sessions with groups
- Work with school groups (2nd-5th year) or FET/Adult Learners
- Goal is to raise aspirations and build familiarity



SMART GOALS

(15 mins left)

Materials Needed

- Mentee Toolkits
- Word Document or Google Docs



1

Step 1: Setting a Goal

Mentees will need to select a goal that they would like to complete by the end of the academic year, and in the space provided at the top of their **SMART Goals Worksheets**, write it down.



5 mins

This activity works best if it is an academic goal.

Story Telling



THE 'BIG WHY':

Building a strong rapport with your mentees is the key to establishing trust and creating meaningful mentor-mentee relationships.

Sharing your stories will inspire trust and help mentees identify commonalities in their own lives and stories.

GOALS FOR THIS SESSION:

1

Introduce yourself and present your story in a thoughtful way.

2

Encourage mentees to feel comfortable enough to share their own stories.

3

Facilitate a "future you" letter-writing session, where mentees thoughtfully contemplate where they would like to be in 2-5 years.

DEAR FUTURE SELF

PART ONE LEADERSHIP



15 mins total

5 mins for Mentors to give their story 2.5 mins each mentor

5 mins for mentees to complete exercise

5 mins for mentees to provide feedback



Our lives have been shaped by the people we have met. Relate with reference to the questions below the story of a person who showed leadership and how that leadership impacted your life. This person could be anyone, a member of your family, friend, teacher...

Date:

Dear

My hope for my future is that ...

Community Mentoring in Numbers



37
Schools

7
FETs

8 Community
Groups

255
Mentors

6
HEIs

+2000
Mentees

383
Sessions



**CONTINUING
MY EDUCATION**

TRINITY ACCESS



**CONFIDENCE IN
COLLEGE SUCCESS**



**ATTENDANCE
IMPORTANCE**



**COLLEGE
APPLICATION
EFFICACY**



**KEY SKILLS
CONFIDENCE**



**STUDENT / TEACHER
RELATIONSHIPS**

Our research has repeatedly found that students who participate in mentoring programmes, are more likely to have higher...



**STUDENT
VOICE**



WELLBEING



ACTIVE ENGAGEMENT



Impact

Mentees

"Brilliantly encouraging"

"I learned that you can take your time if you don't get what you want in the leaving cert the first time and try again"

"That it's not only me who doesn't get 80% or 90% in tests other people think 50 or 60 is a good score too"

Mentors

"I loved the engagement from the students and the drive to go to third level"

"I felt so confident sharing my story and was overwhelmed at the eagerness with which the students were listening."

"It would be better in person"

Host Institutions

"Can I help tell other schools about the programme?"

"Unfortunately due to covid the session had to be online but it was great anyway"

If you...

- Recruit at least 2 mentors:
 - third level students
 - alumni
 - parents
 - teachers
 - PME's
 - community leaders
 - local business people

We will...

- Support to recruit mentors
- Provide all training:
 - 2 Options
 - In-person and online
- Ongoing guidance and support
- Provide resources including:
 - Mentor Booklet
 - Mentee Booklet
- Certificate for Mentors

You will have...

- A team of trained mentors to work with your learners
- A programme you can take forward in your school/organisation

Moving Forward:

- Complete sign-up form by Thursday, 22nd September
- Receive CM Recruitment Pack
- Share the mentee sign up form
- Encourage mentors to attend training event
 - In-person - 22nd Oct
 - Online - 27th Oct
- Work with mentors to deliver sessions





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