

Supporting communities to raise educational aspirations and empowering underrepresented students through mentoring

















Community Mentors

- Deliver 3 sessions with groups
- Work with school groups (2nd-5th year) or FET/Adult Learners
- Goal is to raise aspirations and build familiarity



SMART GOALS

(15 mins left)

Materials Needed

- Mentee Toolkits
- Word Document or Google Docs





Step 1: Setting a Goal

Mentees will need to select a goal that they would like to complete by the end of the academic year, and in the space provided at the top of their **SMART Goals Worksheets**, write it down.



This activity works best if it is an academic goal.





Our lives have been shaped by the people we have met. Relate with reference to the questions below the story of a person who showed leadership and how that leadership impacted your life. This person could be anyone, a member of your family.

Story Telling



THE 'BIG WHY':

Building a strong rapport with your mentees is the key to establishing trust and creating meaningful mentor-mentee relationships.

Sharing your stories will inspire trust and help mentees identify commonalities in their own lives and stories.

GOALS FOR THIS SESSION:



Introduce yourself and present your story in a thoughtful way.



Encourage mentees to feel comfortable enough to share their own stories.



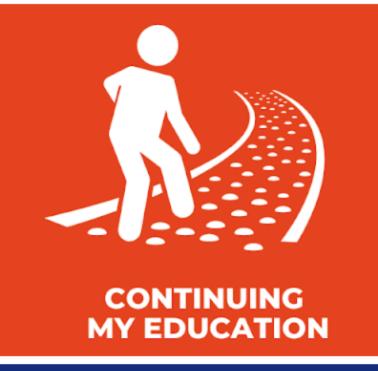
Facilitate a "future you" letter-writing session, where mentees thoughtfully contemplate where they would like to be in 2-5 years.

DEAR FUTURE SELF

	Date:
Dear	2 / Land
My hope for	future is truc

Community Mentoring in Numbers





TRINITY ACCESS











Our research has repeatedly found that students who participate in mentoring programmes, are more likely to have higher...









Mentees

"Brilliantly encouraging"

"I learned that you can take your time if you don't get what you want in the leaving cert the first time and try again"

"That it's not only me who doesn't get 80% or 90% in tests other people think 50 or 60 is a good score too"

Mentors

"I loved the engagement from the students and the drive to go to third level"

"I felt so confident sharing my story and was overwhelmed at the eagerness with which the students were listening."

"It would be better in person"

Host Institutions

"Can I help tell other schools about the programme?"

"Unfortunately due to covid the session had to be online but it was great anyway"

If you...

- Recruit at least 2 mentors:
 - third level students
 - alumni
 - parents
 - teachers
 - PME's
 - community leaders
 - local business people

We will...

- Support to recruit mentors
- Provide all training:
 - 2 Options
 - In-person and online
- Ongoing guidance and support
- Provide resources including:
 - Mentor Booklet
 - Mentee Booklet
- Certificate for Mentors

You will have...

- A team of trained mentors to work with your learners
- A programme you can take forward in your school/organisation

Moving Forward:

- Complete sign-up form by Thursday, 22nd September
- Receive CM Recruitment Pack
- Share the mentee sign up form
- Encourage mentors to attend training event
 - In-person 22nd Oct
 - Online 27th Oct
- Work with mentors to deliver sessions





Supporting communities to raise educational aspirations and empowering underrepresented students through mentoring















